

Promoted for and on behalf of Cycling Time Trials Ltd under its Rules and Regulations.

Welsh C A: Welsh Championship

Open 50 mile Time Trial: Saturday 30th September 2023, course R50/1b

Timekeepers



Start: Phyllis Harradine
(CC Topp)
Finish: Robin Field
(Cardiff Byways CC)



Organizer

Bob Jones
2 Little Orchard
DINAS POWYS
Glam CF64 4NH
mob. 07873-353207

RESULTS SHEET

Welsh C A Championship Awards (open to all entrants)					
3 rd solo Man	2 nd solo Man	1 st solo Man	1 st solo Woman	2 nd solo Woman	3 rd solo Woman
Anthony Jones, VMCC – 1:44:58	Chris Gibbard, Bynea CC – 1:43:09	Jake Sargent, Team Bottrill – 1:39:43	Christina Murray, Army Cycling – 2:00:01	Roxy Woodfield, Ludlow Brewery RT – 2:07:06	Sarah Murray, CB Egni Eryri – 2:07:48
WCA medallion	WCA medallion	WCA medallion, trophy for 1 year, Champion's Cap, invite to BAR lunch.	WCA medallion, trophy for 1 year, Champion's Cap, invite to BAR lunch.	WCA medallion	WCA medallion
		1 st Club Team of 3 solos.	2 nd Club Team of 3 solos.		
		Port Talbot Whs CC – 5:59:05 (R Hamilton, J Aspell, M Hall)	Clevedon & Dist RC – 6:01:42 (T Barlow, C Newby, M Hazell)		
		WCA medallion each.	WCA medallion each.		
3 rd Road Bike	2 nd Road Bike	1 st Road Bike	1 st Vet on Age-Adjusted Time	2 nd Vet on Age-Adjusted Time	3 rd Vet on Age-Adjusted Time
Martin Legg, VTTA West 2:13:40	Meurig Griffiths, ATAC 2:10:40	Karl Norris, 360VRT 1:55:30	Anthony Jones, VMCC – 1:40:52	Chris Gibbard, Bynea CC 1:42:47	Chris Murray, Army Cycling 1:44:16
WCA medallion	WCA medallion	WCA medallion, Champion's Cap, invite to BAR lunch	WCA medallion, Champion's Cap, invite to BAR lunch	WCA medallion	WCA medallion

There are separate PDF files for: Category Results (& Prizes), Team competition, VTTA age-adjusted results, LTS improvements, and a Scoreboard (results in order of starting).

The same files have been uploaded to all relevant Event Details pages.

See: - <https://www.cyclingtimetrials.org.uk/race-details/25990>

Open Event Awards		
1 st LTS improvement	2 nd LTS improvement	3 rd LTS improvement
-5:34 (2:07:45) Haydn Davies, Giant CC Halo Films - £30	-5:05 (1:48:36) Dylan Griffiths, University of Bath CC - £25	-4:30 (2:16:19) Gretchen Zoeller, VTTA Yorks - £20
New Course Record = £30 (not awarded)		
Course Records: M - 1:39:16, Kieron Davies 27/09/2015; W – 1:49:24, Angela Carpenter 14/05/2022); MJ – 1:56:24, Josh Griffiths, 7/08/2016.		

THANKS

Out of 81 entries there were 56 finishers, 4 DNF's, 21 DNS's.

The weather was fine and dry; air temperature was warm, but not hot (mid to high teens); the southerly wind was stronger than ideal, and made it slow going for many competitors.

There were more DNS's than usual - several owing to Covid. A couple of riders had to DNF because of cramp.

As a direct consequence of slower times, older riders fared poorly in the VTTA age-adjusted results, which was dominated by younger Vets. However, ten finishers still managed to improve their LTS, some by several minutes - among them three riders at the fast end of the results.

Overall fastest rider Jake Sargent set a new PB by 59 seconds, came within 27 seconds of course record set by Kieran Davies in 2015, and beat 2nd and 3rd fastest men by 3 and by 5 minutes respectively. On such a day, that really is quite remarkable.

AND THANKS ESPECIALLY

to everyone who devoted their free time to make this a successful event:-

Bob Jones (signage fixer),
Phyllis Harradine, CC Topp (Start TK)
Bob Jones & William Pring, Cardiff 100 miles RCC (Start marshals & pushers off),
Tudor Thomas, Bynea CC (Observer & recorder at Mitchel Troy)
Robin Field, Cardiff Byways CC (Finish TK) with Fran Field (recorder),
William Pring (Transmitter of Results from Finish)
Iain Bell, Abergavenny RC (marshal & observer at the Abergavenny roundabout turn),
Ed Malarczyk Cwmcarn Paragon CC (marshal on the Hardwick Gyrotory),
Bob Jones (Broom Wagon #1),
Ed Malarczyk (Broom Wagon #2),
Reg Pharoah, Cardiff Ajax CC (HQ steward)
Iain Bell, Abergavenny RC (HQ assistant steward)

Everyone else who offered to lend a hand.

HQ Arrangements -

Particular thanks to Rhys Probert, St John's Ambulance, for making the venue available.

PHOTOGRAPHY

Paul Carpenter kindly agreed to photograph competitors, both while racing and at the prize presentation (unfortunately only one or two at the presentation, as his camera battery ran out!).

Competitors should e-mail Paul with a description of their bike and kit, and he will reply with samples:-

paulcarpenter1992@hotmail.com